

October, 4-6, 2019

Dance/Movement Therapy & Substance Use Disorders

Company: 92nd Street Y Harkness Dance Center
Venue: 92nd Street Y
Location: New York, NY

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Dance/Movement Therapy & Substance Use Disorders

Eri Millrod, MA, BC-DMT, NCC, LPC

This course will focus on identifying best methods for DMT in the treatment of individuals with substance use disorders.

The body-mind connection, creative process, dance/movement and meaning making in DMT are central and consistent thread throughout this course. The aim is for participants to develop the habits of mind that will enable them to practice DMT in promoting sobriety and wellness in those who struggle with addictions.

3 Sessions, 15 Hours

Fri, Oct 4, 6:30-9:30 pm

Sat & Sun, Oct 5 & 6, 12-6 pm

\$325 until Sep 27 / \$350 after

<https://www.92y.org/class/dance-movement-therapy-substance-use-disorders>

92nd Street Y Harkness Dance Center
1395 Lexington Avenue
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Schedule

October 4, 2019: 6:30pm

October 5, 2019: 12:00pm

October 6, 2019: 12:00pm

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