

Dance, Workforce, Resilience,

FOR AUDIENCES

Community Calendar

Volunteering

October, 4-6, 2019

Dance/Movement Therapy & Substance Use Disorders

Company: 92nd Street Y Harkness Dance Center

Venue: 92nd Street Y Location: New York, NY ► Share | Print | Download

Dance/Movement Therapy & Substance Use Disorders

Eri Millrod, MA, BC-DMT, NCC, LPC

This course will focus on identifying best methods for DMT in the treatment of individuals with substance use disorders.

The body-mind connection, creative process, dance/movement and meaning making in DMT are central and consistent thread throughout this course. The aim is for participants to develop the habits of mind that will enable them to practice DMT in promoting sobriety and wellness in those who struggle with addictions.

<u>3 Sessions, 15 Hours</u> Fri, Oct 4, 6:30-9:30 pm Sat & Sun, Oct 5 & 6, 12-6 pm \$325 until Sep 27 / \$350 after

https://www.92y.org/class/dance-movement-therapy-substance-use-disorders

92nd Street Y Harkness Dance Center 1395 Lexington Avenue New York, NY, 10128 2124155554

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Schedule October 4, 2019: 6:30pm October 5, 2019: 12:00pm October 6, 2019: 12:00pm

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