

September, 2-16, 2013

Donation-Based CARDIO JAZZ!

Company: Liberated Movement
Venue: Battery Dance Studio
Location: New York, NY

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An upbeat energetic jazz workout targeting core conditioning and flexibility training. Perfect for dancers of any skill level. Whether you are new to dance or want to brush up on your technique, this high energy workout is perfect for dancers of all levels. Suggested donation of \$5.

Liberated Movement
380 Broadway 5th Floor
New York, NY, 10013
<http://www.liberatedmovement.com>

Schedule
September 2, 2013: 8:00pm
September 16, 2013: 8:00pm

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