

Thursday, November 3, 2016

## Donation Based Chinese Contemporary Dance with Xiang Xu

Company: Dance to the People  
Venue: BAX | Brooklyn Arts Exchange  
Location: Brooklyn, NY

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BAX | BROOKLYN ARTS EXCHANGE PROVIDES A HOME FOR DANCE TO THE PEOPLE TO CURATE A SERIES OF DONATION-BASED OPEN ADULT CLASSES EVERY THURSDAY 7-9PM, SEPTEMBER 29-NOVEMBER 17, 2016

CHINESE CONTEMPORARY DANCE WITH XIANG XU  
NOVEMBER 3 2016, 7-9PM  
SUGGESTED DONATION \$8 OR PAY WHAT YOU CAN  
BROOKLYN ARTS EXCHANGE

### Class description

This class is designed for students of advancing contemporary technical skills with the ability to incorporate Eastern bodily aesthetics using three bodily curves, a grounded center of gravity, and internal energy. In this class, students will learn how to use internal breath to control physicality and expand their movement capabilities, which will aid in their artistic growth as performers. Personal movement style and performance is strongly emphasized.

Experience required for the participants  
Intermediate and Advanced Levels

### Goals for participants

How to consciously build physical structure functions and expand their horizons for each consecutive exercise.

### Goals for teacher

To let my students think critically about the class, which helps them open a door to explore other areas both mentally and physically. The goal of dance class is not to unify students' movement or counting, but to help them find themselves and give them the tools to resolve their own challenges.

### ABOUT XIANG

Xiang Xu grew up in Zhejiang province, China, and earned his B.A. at China's most prestigious dance institution, the Beijing Dance Academy. While studying there he won awards including the top choreography prize "Gold Lion Award" at the Singapore World Music, Dance and Instrument Competition. Since coming to the United States in 2012 he has performed solo work at UCLA's Royce Hall and with Santa Monica College's Synapse and Global Motion dance ensembles and the Jewish Community Center Manhattan. In the summer of 2015, he returned to China to impart contemporary dance to students in Nanjing and to perform at the Beijing Dance Festival. Xiang is currently an M.F.A. candidate at NYU's Tisch School of the Arts. He will be graduating in the spring of 2016.

### ABOUT THIS SERIES

This series is geared towards the professional development of dance teachers, and as a mean to offer affordable training for the dance community.

This series is a part of the CREATING SPACE Program. Funded in large part by the Lambent Foundation Fund of Tides Foundation, the CREATING SPACE Program provides opportunities to support and develop artists of all races, backgrounds, cultures, sexual orientations, gender identities and aesthetic traditions.

Dance to the People  
421 5th Ave  
Brooklyn, NY, 11215  
<http://www.dancetothepeople.org/xiang-xu.html>

Schedule  
November 3, 2016: 7:00pm

