

Thursday, October 27, 2016

Donation Based Contemporary Accumulation with Megan Minturn

Company: Dance to the People
Venue: BAX | Brooklyn Arts Exchange
Location: Brooklyn, NY

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BAX | BROOKLYN ARTS EXCHANGE PROVIDES A HOME FOR DANCE TO THE PEOPLE TO CURATE A SERIES OF DONATION-BASED OPEN ADULT CLASSES EVERY THURSDAY 7-9PM, SEPTEMBER 29-NOVEMBER 17, 2016

CONTEMPORARY ACCUMULATION WITH MEGAN MINTURN
OCTOBER 27 2016, 7-9PM
SUGGESTED DONATION \$8 OR PAY WHAT YOU CAN
BROOKLYN ARTS EXCHANGE

Class Description

This class will encourage dancers to be present in their movements and breath. We will move through progressions inspired by multiple techniques that encourage presence, rhythmic awareness, playing with gravity to find suspension, contracting and releasing to build strength and finding self-expression. The class will culminate in athletic phrase work inspired by an accumulation of our previous explorations.

Goals for participants

Participants will explore their breath and anatomical awareness within technique. They will play with gravity to find suspension and a fluid release into floor work. Ultimately, participants will practice finding an enhanced self-expression in their dancing.

Goals for the teacher

I am working on accumulating what I have learned throughout my dance training to create an uplifting class to share my joy of movement with others.

ABOUT MEGAN

Megan J. Minturn is a dancer, choreographer, and educator. She has studied dance in Omaha, New York, Senegal and Cuba. Her company MJM Dance performed at the 92nd St Y, Dance New Amsterdam, Dixon Place, the Bronx Academy of Arts and Dance, WhiteWave, and the Ailey Citigroup Theatre. Megan dances with Movement of the People Dance Company and has performed the works of Mabingo Alfdaniels, Catherine Gallant, Dianne Duggan, Deborah Damast, Rainy Demerson, Saya Hardako, Jacques Heim, Joya Powell, and Charles Ahovissi's African Culture Connection. She has taught and written curricula with Dance Theatre of Harlem, the School at Peridance, African Culture Connection, Little Red Schoolhouse, and Columbia University's Action Arts Camp. She teaches dance at the Brooklyn International High School. Megan holds an MA in Dance Education from New York University, a BA in Philosophy from Fordham University, and is a Registered Yoga Teacher.

ABOUT THIS SERIES

This series is geared towards the professional development of dance teachers, and as a mean to offer affordable training for the dance community.

This series is a part of the CREATING SPACE Program. Funded in large part by the Lambent Foundation Fund of Tides Foundation, the CREATING SPACE Program provides opportunities to support and develop artists of all races, backgrounds, cultures, sexual orientations, gender identities and aesthetic traditions.

Dance to the People
421 5th Ave
Brooklyn, NY, 11215
<http://www.dancetothepople.org/megan-minturn.html>

Schedule
October 27, 2016: 7:00pm

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