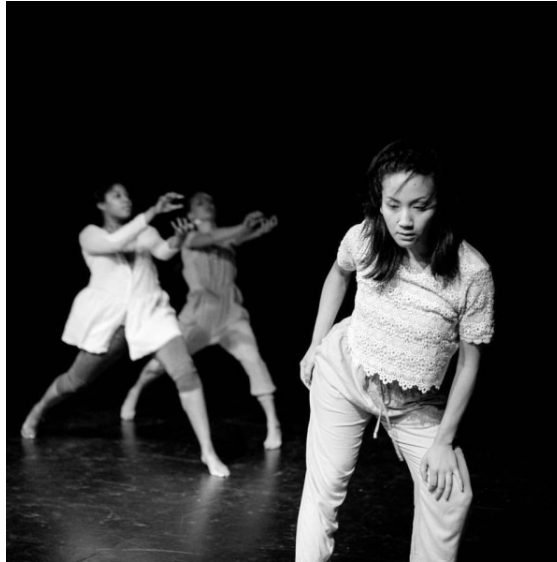


Friday, March 31, 2017

Donation Based class with Michelle Sagarminaga

Company: Dance to the People
Venue: Spaceworks Long Island City
Location: Long Island City, NY

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Class description

The class begins with simple improvisational exercises to activate the body and mind. Through task oriented improvisational prompts dancers will generate movement that will be incorporated in a new phrase by the end of the class.

This process gives dancers more interesting imagery and dialogue to create work utilizing their imagination to make choices rich with dynamic and beautiful movement. An inter dimensional dance class that is conducive to their own personal fulfillment and artistic realization.

Experience required for the participants
All movers are welcomed.

ABOUT MICHELLE

Michelle Sagarminaga is the Artistic Director and choreographer of "SagaDance Company". She was recently selected as one of the emerging choreographers for the Mare Nostrum Elements residency at the Laguardia Performing Arts Center. In, addition her production 'sKIN' premiered last fall at the Center for Performance Research fostering 17 artists in a multidisciplinary collaboration. Her career path became clear when she attended the Los Angeles County High School for the Arts (LACHSA). Her quest for knowledge and art continued when she was accepted into and awarded scholarship for dance at the California Institute of the Arts (CALARTS) Michelle received her BFA in dance in 2012, and has trained and performed works from various choreographers and companies such as Hofesh Sheather, Akram Khan, Kibbutz Contemporary Dance and Ohad Naharin.

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ABOUT THIS SERIES

Dance To The People is proud to launch a new collaboration with Mare Nostrum Elements' Emerging Choreographers Series and Spaceworks NYC. Our three organizations share a desire to build a strong and nurturing environment where artists can feel safe and inspired to share work, ideals and feedback at very affordable rates.

Dance to the People
33-02 Skillman Ave, enter on 34th St
Long Island City, NY, 11101
<http://www.dancetothepeople.org/michelle-sagarminaga.html>

Schedule
March 31, 2017: 10:00am

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