

March 24 - April 21, 2020

EMD Pilates with Ashley LaRosa

Company: Elisa Monte Dance
Venue: @elisamontedance
Location: New York, NY

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WEEKLY SCHEDULE		
@ELISAMONTEDANCE		
INSTAGRAM LIVE		
MON	12:30 5:30 - 7:00	EMD PHYSICAL CHALLENGE BALLET & STRETCH DANIELA FUNICELLO
TUE	10:00 - 11:00 2:00 - 3:00 4:00 - 5:00	PILATES ASHLEY LAROSA CONTEMPORARY JAZZ SAI RODBOON HORTON KAT FILES
WED	12:30	EMD PHYSICAL CHALLENGE
THU	10:00 - 11:00 2:00 - 3:00	BALLET JENNY HEGARTY CONTEMPORARY JAZZ SAI RODBOON
FRI	12:30 6:00 - 7:00	EMD PHYSICAL CHALLENGE CONTEMPORARY/MODERN SARAH KLEINKE
SAT	12:00 - 1:00	H.I.I.T. DANIELA FUNICELLO

**EASTERN STANDARD TIME
CLASSES WILL LATER BE ON IGTV

Sai Rodboon

IG Live Pilates class with Elisa Monte Dance Senior Company Member Ashley LaRosa, @elisamontedance

Elisa Monte Dance
Instagram Live
New York, NY, 10027
<http://@elisamontedance>

Schedule
March 24, 2020: 10:00am
March 31, 2020: 10:00am
April 7, 2020: 10:00am
April 14, 2020: 10:00am
April 21, 2020: 10:00am

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