

August 25 - September 25, 2022

Eat Right Dance Right

Company: Cinch Nutrition LLC
Location: Rivervale, NJ

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Get your copy of Eat Right Dance Right, the definitive nutritional handbook for dancers. Based on my work at the Alvin Ailey school, you will get help developing a healthy relationship with food and learn all the basics of nutrition for dance. Learn how to shop for food, how to prepare food healthfully, what to do when eating out, how to boost immunity and prevent injuries, the truth on fad diets, how to deal with stress and much, much more. Written by Marie Scioscia, registered dietitian and former dancer! Learn what is right for YOU!

For the next month until September 25, 2022 use coupon code 6FMTM9IYQC5N when you purchase on my website www.cinchnutrition.com! Save 20% and receive free shipping!

Cinch Nutrition LLC
652 Primrose Lane
Rivervale, NJ, 07675

Schedule
August 25, 2022: 8:00pm
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