

Saturday, May 22, 2021

## Embodied Collective Practice to End White Supremacy - for White Allies

Company: Hope Mohr Dance/The Bridge Project  
Location: San Francisco, CA

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Embodied Collective Practice to End White Supremacy - A gathering for White Allies, led by [Stronghold](#)

Saturday MAY 22, 12PM - 2PM (PST)

TICKETS: \$75 - \$200, sliding scale

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This two hour embodied antiracism session for white folks will emphasize and explore the role of accountability in ending white supremacy. Through embodied and experiential practice we will explore:

a?? Accountability and obstacles to accountability.

a?? "Stress shapes": a body-centered framework for understanding our conditioned protective and defensive strategies under the pressure of racialized harm and conflict.

a?? Shame and shame resilience.

This is an online event taking place on Zoom. You will receive a Zoom link via email one day prior to the event.

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**ABOUT STRONGHOLD** | We ground white affinity work in education, practice and accountability. We aim to cultivate a space of rigorous learning without reproducing patterns of intellectualizing and disembodiment. As such, we ground our learning in our felt senses and ask each other to track the connections between curricular content, body sensations, and emotions. We hold each other accountable to keeping our work "close to home," focusing on self-inquiry, lived experience and personal responsibility in transforming the conditions of white supremacy "from the inside out."

**ABOUT THE BRIDGE PROJECT** | The Bridge Project creates and supports equity-driven live art that builds community and centers artists as agents of change. The Bridge Project, co-directed by Cherie Hill, Hope Mohr, and Karla Quintero, consists of the following programs: a Community Engagement Residency; a Multidisciplinary Performance Series; a Teaching Artist Series; and a Public Dialogue Series. More information at [www.bridgeproject.art](http://www.bridgeproject.art)

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Photos (L to R): Beth Burzynski, STRONGHOLD facilitator; claire whitmer, founding co-director of STRONGHOLD

For more information on the Bridge Project's Anti-Racism in Dance series visit: [bridgeproject.art](http://bridgeproject.art).

*Funding for The Bridge Project is provided, in part, by the Doris Duke Charitable Foundation, San Francisco Grants for the Arts, San Francisco Art Commission's Cultural Equity Initiative, the Erol Foundation, the Kenneth Rainin Foundation, and generous individual donors.*

Hope Mohr Dance/The Bridge Project  
Online via Zoom Online via Zoom  
San Francisco, CA, 94122  
<https://hmd.ticketleap.com/>

Schedule  
May 22, 2021: 12:00pm

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