

Saturday, May 25, 2019

## Eurythmy Spring Valley Postgraduate Performance

Company: Eurythmy Spring Valley Postgraduate Class 2019

Venue: Anthroposophy NYC

Location: New York, NY

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Eurythmy Spring Valley

A rare opportunity to see a live eurythmy performance in the Big Apple!

Five eurythmists—from Taiwan, Slovenia, and the United States—have been deepening their skills in the harmonious movement art of eurythmy during the 5th year postgraduate training at Eurythmy Spring Valley. They will share their program, which includes eurythmy choreography to the music by Wolfgang Amadeus Mozart, Franz Schubert, Dmitri Shostakovich, and Arnold Schoenberg; and to the poetry by Rudolf Steiner, Mary Oliver, Shel Silverstein, Li Qing Zhao, and more!

\$20 suggested fee.

[Buy tickets in advance.](#)

Space is limited.

Cash only at the door.

### ABOUT EURYTHMY:

As integrated harmonious movement system, eurythmy makes the pictures we form in our mind visible: sounds of speech, tones in music, colors, gestures for soul moods, principles to move in space. Eurythmy offers a set of tools for transforming the inner activity and spiritual exploration into conscious harmonious movement.

In eurythmy, one sculpts the space, the air, the energy around oneself to make speech visible; one expands the sphere around oneself within which music becomes visible. Words, thoughts, music, images, made visible through harmonious movement, lighten people's burdens, lift their hearts, reawaken their Souls.

Eurythmy—performance art, pedagogical tool, movement therapy, social art, spiritual practice—created at the beginning of the 20th century by Rudolf Steiner, is now emerging from obscurity at this poignant moment in human evolution.

To learn more about the harmonious movement art of eurythmy, visit the web pages of [Eurythmy Spring Valley](#) and [hAmoves Eurythmy](#).

Eurythmy Spring Valley Postgraduate Class 2019

138 West 15th Street

New York, NY, 10011

<http://asnyc.org/asnyc/events/eurythmy-spring-valley-postgraduate-performance/>

Schedule

May 25, 2019: 7:00pm

[< back](#)

[previous listing](#) • [next listing](#)