

Monday, May 20, 2019

Expand and Have Fun: Taurus Eurythmy Circle

Company: hAmoves Eurythmy

Venue: Anthroposophy NYC

Location: New YHork, NY

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hAmoves Eurythmy

Welcome the blossoms of May with a bright sound of R, the gift from the constellation of orange Taurus. Come and let the harmonious movement art of eurythmy inspire you to bring your dreams to life.

Explore the kinesthetic wisdom of the Zodiac constellation of Taurus, as the Sun is visiting its orange house from May 14 through June 20. Yes, the dates are correct: they are based on the observable astronomical data.

"We demand a lot from life, but we live past one another." ~ Rudolf Steiner

Let's engage in mindful connection with others through the wisdom of the human heart. Tune into the dreams of your Soul with harmonious movement art of eurythmy: a spiritual practice, a healing art, and a creative expression.

Nurture your life forces by moving your body, soul, and spirit in hygienic copper rod exercises, and learn a simple, yet potent exercise that you can practice yourself at home.

Open to all who can walk. No prior movement experience is needed. We'll simply breathe and flow in harmony with the sound and each other.

Taurus Eurythmy Circle: EXPAND AND HAVE FUN

eurythmy, harmonious movement for conscious living

Monday, May 20 at 7 pm

Anthroposophy NYC

138 West 15th Street

(between 6th and 7th avenues)

New York, NY 10011

[Click here to reserve your place for the Taurus Circle on May 20 @ 7 pm](#)

hAmoves Eurythmy

138 West 15th Street

New YHork, NY, 10011

<http://ssi.hamoves.net/eurythmy-circles/>

Schedule

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