

Wednesday, October 2, 2019

## FREE Introduction to the game of Capoeira (All levels)

Company: Dendê Arts

Venue: LaGuardia Community College

Location: Queens, NY

► [Share](#) | [Print](#) | [Download](#)



Capoeira is a martial art that combines dance, acrobatics, partner work, and self-defense. The game of Capoeira uses cartwheels, kicks, and ground movements to create a dialogue between two partners. All levels are welcome to this intro class meant to dip your toes into the game of Capoeira.

The game of Capoeira will focus on:

- Movement puzzles
- Movement challenges
- Exercises to train improvisation and creativity in your movement vocabulary
- Using kicks and simple acrobatics to build a dialogue with partners

For more information please email [info@lpac.nyc](mailto:info@lpac.nyc)

Dendê Arts  
31-10 Thomson Avenue C Building – Room #401 (4th floor)  
Queens, NY, 11101  
<https://lpac.nyc/workshops/capoeira>

Schedule  
October 2, 2019: 6:30pm

[< back](#)

[previous listing](#) • [next listing](#)