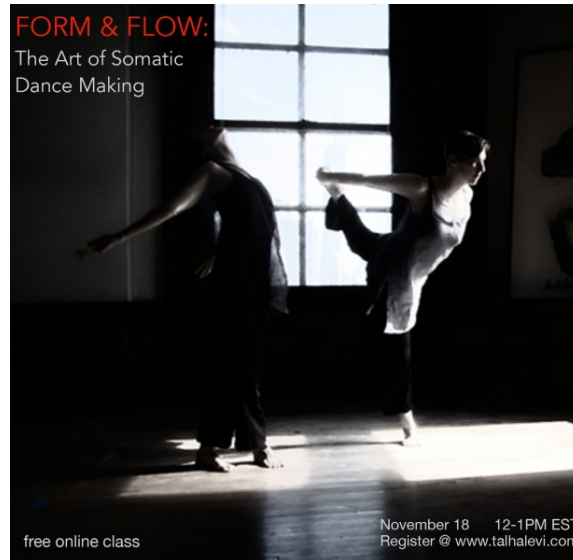


Wednesday, November 18, 2020

Form and Flow: The Art of Somatic Dance Making

Company: Tal Halevi
Location: New York, NY

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Jacques Menasche

This sixty-minute class will introduce participants to the world of somatic-inspired dance. Through a guided movement meditation, we will explore the infinite creative possibilities that can be generated from the inside out, tapping into each person's unique internal fluid rhythms and the forms that they create. This class is for all levels of experience and for anyone interested in dance making as either a creative practice or a source of well-being.

Tal Halevi
online
New York, NY, 10001
<http://talhalevi.com>

Schedule
November 18, 2020: 12:00pm

[< back](#)

[previous listing](#) • [next listing](#)