

September 16 - November 4, 2023

Free Community Yoga

Company: Keoni Movement Arts

Venue: Keoni Movement Arts

Location: New York, NY

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Katie Kohlbeck

Join us for an 8-week series of free community yoga dance classes! Two weekly classes to choose from: a down-on-the-yoga-mat multi-level class and an accessible yoga classes modified to meet the needs of persons with special needs and disabilities. Come create calm in your body, mind and spirit, then go out and share it with our community!

Keoni Movement Arts
400 West 43rd St. Suite 44G
New York, NY, 10036
2126439013

<https://www.keonimovementarts.org/free-community-yoga-jundec-2023>

Schedule

September 16, 2023: 10:15am

September 23, 2023: 10:15am

September 30, 2023: 10:15am

October 7, 2023: 10:15am

October 14, 2023: 10:15am

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[< back](#)

[previous listing](#) • [next listing](#)