

January 7 - February 25, 2023

Free Community Yoga: Yoga Dance Flow

Company: Keoni Movement Arts
Venue: Clinton Cameo Studios
Location: New York, NY

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Paul Keoni Chun

Join us for an 11-week series of in-person free community yoga dance classes! Keoni Movement Arts style is targeted toward dancers who like a little flow in and out of yoga postures. Come and create calm in your body, mind and spirit, then go out and share it with our community! Saturdays, 10:15 AM, Cameo Studios in Hells Kitchen. For more information and to register, see: <http://www.keonimovementarts.org/free-community-yoga>

Keoni Movement Arts
307 West 43rd St. Studio B
New York, NY, 10036
2126439013
<https://eleonline.net/Pages/WebForms/Mobile/ShowFormMobile.aspx?id=9a56361c-1073-4365-9b3a-ecf4db7764b5&linkto=1501>

Schedule
January 7, 2023: 10:15am
January 14, 2023: 10:15am
January 21, 2023: 10:15am
January 28, 2023: 10:15am
February 4, 2023: 10:15am
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