

Saturday, July 14, 2018

Free Contemporary Dance Class With Guest Teacher Nina Chong

Company: Dancers On The Rise

Venue: Battery Dance

Location: New York, NY

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Dancers On The Rise presents "The Dancer Development Project," a series of free monthly dance classes for pre-professional and professional dancers and choreographers who want to expand their repertoire and further improve their technique.

The July 2018 Teaching Artist is native New Yorker Nina Chong. Nina's Contemporary Dance Class focuses on the ideas of elasticity and opposition in the body, with an undertone of modern dance technique to strengthen the stability and control required to move in more than one dynamic. Emphasis will be placed on strong, low positions, as well as the importance of how to jump and land maintaining fluidity and structure. This class will consist of a free-form, led, warm-up transitioning into whole-body center phrases.

Come dance with us on Saturday, July 14, 2018 from 4:00 pm-5:00 pm at Battery Dance, located at 380 Broadway, 5th floor, New York, NY 10013. Entrance into the class is on a first come first serve basis.

For more information on Dancers On The Rise, visit www.dancersontherise.com. For more information on the Teaching Artist, visit www.ninachong.com.

Dancers On The Rise
380 Broadway, 5th Floor
New York, NY, 10013

Schedule
July 14, 2018: 4:00pm

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