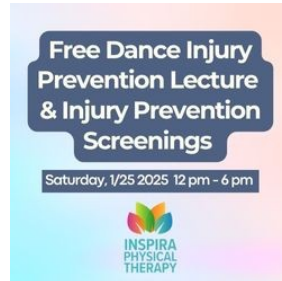


Saturday, January 25, 2025

Free Dance Injury Prevention Lecture and Screenings

Company: Inspira Physical Therapy & Pilates
Venue: Inspira Physical Therapy & Pilates
Location: Brooklyn, NY

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Join us for a Free Injury Prevention for Dancers Lecture & Injury Prevention Screenings!

Are you a dancer looking to stay injury-free and improve your performance? Then this event is perfect for you! Come learn valuable tips and techniques from our team of experts on how to prevent injuries while dancing.

Our event will take place on Sat Jan 25 2025 at 275 4th Ave. Don't miss this opportunity to take care of your body and dance to your fullest potential!

Inspira Physical Therapy & Pilates
275 4th Avenue
Brooklyn, NY, 11215
929-295-6566

<https://www.eventbrite.com/e/free-injury-prevention-for-dancers-lecture-injury-prevention-screenings-tickets-1080691319829?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=ebdsshcopyurl>

Schedule

January 25, 2025: 12:00pm

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