

November, 13-20, 2014

## Free Modern dance class

Company: Dance To The People

Venue: Center for the Arts Studio 220

Location: Staten Island, NY

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Hozcani Arellano

Maira Duarte teaches modern with Dance to the People.

My main influences are Limón and release technique. I am interested in developing a technique class that can address basic aspects of a continuous dance training. Whole body movements, use of the floor, weight shifts, planes and dynamics will be part of this class. I want also to invite the body-mind dancer to appropriate movement material so it can then be used in improvisation. Improvisation techniques will be revised to be able to identify habits and grow beyond them with conscious choices.

Visit my website to know more about my work: [www.mairaduarte.com](http://www.mairaduarte.com)

Dance To The People  
College of Staten Island  
Staten Island, NY, 10314  
<http://www.dancetothepeople.org/maira-duarte.html>

Schedule  
November 13, 2014: 2:30pm  
November 20, 2014: 2:30pm

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