

Saturday, January 26, 2019

## Gymnastics for Dancers Workshop with Andrew Pachó, Teens/Adults 13+

Company: Keoni Movement Arts

Venue: Stepping Out Studios

Location: New York, NY

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Paul Keoni Chun

Do you want to add a few daring moves to your dance routine or show off that flip at your next audition? If so, come learn the basic gymnastics progressions that will lead you to being able to do higher level skills, such as cartwheels, front and back walkovers, and front and back handsprings. Andrew Pachó has performed in 6 Broadway shows, including Miss Saigon and The King and I, and has taught gymnastics and dance to every level of ability. Beginners with absolutely no training are welcome as well as those with intermediate and advanced training. If you've never done gymnastics before, no problem, Pachó works with all levels to ensure that everyone is participating at their own level. Class is limited to 10 students so don't delay register now!

Keoni Movement Arts  
37 W 26th St. @ 6th Ave., Floor 9 Floor 9  
New York, NY, 10010  
212.643.9013

<http://www.keonimovementarts.org/class-payment/spring-teensadults-gymnastics-workshops-saturdays-pxle4-gxzwa>

Schedule

January 26, 2019: 11:45am

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