

Thursday, January 28, 2021

HEELS WORKSHOP

Company: The Muse Productions
 Venue: online
 Location: na, NY

► [Share](#) | [Print](#) | [Download](#)



The Muse Brooklyn & ABCirque is honored to host the one and only Ilia Jessica Castro as she leads a Heels Workshop on January 28th at 7pm!

You may recognize this choreographer from her work with Lovecraft Country, The Greatest Showman, Rihanna, Beyonce, and many more...

Now you can learn from the best in the safety and comfort of your own home!

This class is for anyone that wants to feel sexy and have fun. We will breakdown the fundamentals, such as, finding your center, weight change, control and will finish off with a sexy combo.

Class breakdown:

- warm up (focused on certain musicals groups needed while dancing in heels)
- center floor (working on weight change, center, vocabulary)
- combo

This class is open to all levels!

Zoom link sent day of event

The Muse Productions
 na na
 na, NY, 10014
<https://www.eventbrite.com/e/virtual-heels-dance-workshop-lead-by-ilia-j-castro-tickets-136719741427>

Schedule
 January 28, 2021: 7:00pm

[< back](#)

[previous listing](#) • [next listing](#)