

Thursday, January 28, 2021

## HEELS WORKSHOP

Company: The Muse Productions  
 Venue: online  
 Location: na, NY

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**THE MUSE PRODUCTIONS**

**Heels**  
**WORKSHOP**  
 January 28th 7PM \$15 pre sale

VIRTUAL WORKSHOP WITH

**ILIA  
 JESSICA  
 CASTRO**

**CREDITS INCLUDE:**  
 Lovecraft Country  
 The Greatest Showman  
 Rihanna  
 Beyonce  
 and many more!

Register at:  
<http://bit.ly/HeelsJan2021>  
**FREE FOR Patreon members**  
[www.Patreon.com/TheMuseProductions](http://www.Patreon.com/TheMuseProductions)

The Muse Brooklyn & ABCirque is honored to host the one and only Ilia Jessica Castro as she leads a Heels Workshop on January 28th at 7pm!

You may recognize this choreographer from her work with Lovecraft Country, The Greatest Showman, Rihanna, Beyonce, and many more...

Now you can learn from the best in the safety and comfort of your own home!

This class is for anyone that wants to feel sexy and have fun. We will breakdown the fundamentals, such as, finding your center, weight change, control and will finish off with a sexy combo.

Class breakdown:

- warm up (focused on certain musicales groups needed while dancing in heels)
- center floor (working on weight change, center, vocabulary)
- combo

This class is open to all levels!

\*\*\*Zoom link sent day of event\*\*\*

The Muse Productions  
 na na  
 na, NY, 10014  
<https://www.eventbrite.com/e/virtual-heels-dance-workshop-lead-by-ilia-j-castro-tickets-136719741427>

Schedule  
 January 28, 2021: 7:00pm

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