

April 3 - May 29, 2020

## HIIT Conditioning with Bre and Alex

Company: The Muse Brooklyn  
Venue: The Muse Brooklyn  
Location: Brooklyn, NY

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HIIT Conditioning with Bre & Alex



**THE MUSE  
BROOKLYN**  
ONLINE CLASSES

**FRIDAYS**  
**5:30 - 6:15PM**  
ID: 840-367-085

[www.zoom.us/join](http://www.zoom.us/join)

Donations welcome via:  
Paypal (themusebrooklyn@gmail.com)  
Venmo (@TheMuseBrooklyn)  
MindBody registration

45 minutes body weight conditioning/HIIT at home.

Join here: <https://zoom.us/j/840367085>

Donations welcome via MindBody registration, Paypal (themusebrooklyn@gmail.com) and Venmo (@TheMuseBrooklyn), just please don't forget to mention the name of the class and day!

The Muse Brooklyn  
<https://zoom.us/j/840367085>  
Brooklyn, NY, 11237

Schedule  
April 3, 2020: 5:30pm  
April 10, 2020: 5:30pm  
April 17, 2020: 5:30pm  
April 24, 2020: 5:30pm  
May 1, 2020: 5:30pm  
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