

Wednesday, February 26, 2025

## Healing through Dance w/ Gibney

Company: New York City Center  
Venue: New York City Center  
Location: New York , NY

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Healing through Dance

Masterclass with Gibney

Thu Mar 27 | 4-6 pm

Studio 5

\$15

Discover new methods of self-care that integrate social-emotional skills into your daily creative practice. Through a combination of choreographed dance performance, participatory activities, and conversation, this masterclass offers new perspectives through Gibney Dance's signature program, Hands are for Holding®.

New York City Center  
130 West 56 Street  
New York , NY, 10019  
<https://fs22.formsite.com/nycc/eom5wbb7gb/index>

Schedule  
February 26, 2025: 8:00pm

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