March, 11-13, 2021

Heathy Dancer, Elite Mover: A Virtual Conference for Dance Educators

Company: NYU Langone's Harkness Center for Dance Injuries
Venue: Virtual/Harkness Center for Dance Injuries
Location: New York, NY



Healthy Dancer, Elite Mover: A Virtual Conference for Dance Educators

This conference for dance educators as well as parents of dance students will address the most up-to-date guidelines for conditioning dancers in a post-COVID-19 era and the fundamental motor control principles essential to training an elite mover in any form of dance. Highlights will include lectures on adolescent dancer considerations, jump conditioning, return-to-studio guidelines after home training, and common concerns of dance educators and parents. On the final conference day, choose between a pointe readiness or a vocal health for dancers presentation. Join our expert Harkness Center clinicians for one, two, or all three days of this virtual learning experience that will include live Q&As with presenters. Dance educators, parents, and anyone in the dance community interested in evidenced-based strategies for healthy dance training in all dance forms and settings are encouraged to attend.

Registering for the Conference:

Go to www.DanceMedU.org. Log in and select "Catalog," then select "Other Allied Healthcare Professionals/Somatic Practioners/Dance Educators." Select Heathy Dancer, Elite Mover: A Virtual Conference for Dance Educators and follow prompts to complete payment for one, two, or all three days of the course.

Questions: Kristen.Stevens@nyulangone.org

NYU Langone's Harkness Center for Dance Injuries
614 2nd Ave. 2G
New York, NY, 10016
https://www.dancemedu.org/learn/healthy-dancer-elite-mover-a-virtual-conference-for-dance-educators

Schedule
March 11, 2021: 6:00pm
March 12, 2021: 6:00pm
March 13, 2021: 9:30am