

October, 1-3, 2021

## Hypermobility & Disability: An Introductory Workshop

Company: Hyp-ACCESS

Venue: Zoom

Location: Zoom, NY

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Liam Cotter

Hyp-ACCESS is offering [a three-day intensive learning event](#) to share our knowledge with communities interested in Hypermobility-specific accessibility and harm reduction - urgent issues in all body-based fields!

This offering is designed to support our community and reduce harm. It is for body-based practitioners like somatic practice teachers, dance teachers, physical therapists, and more, as well as Hypermobility & disabled people who want to educate themselves and their communities about Hyp+ access, risk minimization, and harm reduction.

Oct. 1, 6-8 pm ET; Oct. 2, 12-4 pm ET; Oct. 3, 12-4 pm ET w/ breaks

CART captioning provided

Recordings sent to registrants

Hypermobility conditions are incredibly common and violently neglected (~ 1 in 5 are on the hEDS/HSD spectrum). Hypermobility's aesthetic is fetishized in dance and other performing arts and sports, leading to rampant abuse of Hypermobility people or "Hyps" within those fields and the fields they turn to for care like medicine and alternative wellness techniques. Because of these fields' histories & biases, there are literally no standards of care or accessibility practices for Hyps, feeding a cycle of vulnerability, and exploitation.

We'll be unpacking bad science, discussing harm done by "experts" who aren't part of disability communities, & sharing our extensive scientific & sociological research. This info lays a groundwork for any & all learners interested in supporting their communities.

[Register here!](#)

For questions: [hypermobilityaccess@gmail.com](mailto:hypermobilityaccess@gmail.com)

Hyp-ACCESS  
Zoom Zoom  
Zoom, NY, 11237  
<https://www.eventbrite.com/e/hypermobility-disability-an-introductory-workshop-tickets-157524107847?fbclid=IwAROUqvjiWS9fWT7qde6LQukcsk1gipzUJMzwlskAjixy5h6sFPR5jCnPJ3Y>

Schedule  
October 1, 2021: 6:00pm  
October 2, 2021: 12:00pm  
October 3, 2021: 12:00pm

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