

Thursday, September 7, 2017 - Thursday, May 31, 2018

Int Limón Class at Peridance

Company: Limón Dance Company
Venue: Peridance Capezio Center
Location: New York, NY

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Intermediate Limón class led by a faculty of current and former members of the Limón Dance Company and artists affiliated with the Limón aesthetic. Classes are accompanied by live music. Limón training provides an organic approach to movement that can serve dancers of various backgrounds, with an emphasis on the natural rhythms of fall and recovery, a conscious use of breath, and the interplay between weight and weightlessness.

Limón Dance Company
126 E 13th St
New York, NY, 10003
2127773353
http://limon.org/training/open_classes/

Schedule
September 7, 2017: 1:00pm
September 14, 2017: 1:00pm
September 21, 2017: 1:00pm
September 28, 2017: 1:00pm
October 5, 2017: 1:00pm
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