

August, 15-19, 2011

Intensive Dance Workshop @DNA

Company: NY2Dance
Venue: Dance New Amsterdam
Location: New York, NY

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Class description: Nejla Yarkinâ€™s Mosaic class begins with a thorough warm-up focused on strengthening, lengthening, and preparing the body for an investigation of movement possibilities. With a weighted approach, students explore exercises that redirect momentum in and out of the floor and up into the air. This cultivates a sense of ease that allows for an alert dancer, conscious of the bodyâ€™s architecture in off-balance, explosive, and suspended three-dimensional situations. Students also tackle improvisational problems, often using partnered work in dialogue with set phrasework to encourage spatially aware intuitive choice-making. At the base of this class is a joy of movement captured in a final dance that is a complex play of full-bodied potential through space. More information please visit www.ny2dance.com

NY2Dance
280 Broadway # 2
New York, NY, 10007
(212) 625-8369
<http://www.dnadance.org>

Schedule
August 15, 2011: 10:00am
August 17, 2011: 10:00am
August 19, 2011: 10:00am

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