

FOR AUDIENCES

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Saturday, March 20, 2021

Interplay: Finding Inner Authority Through Body Wisdom - EOEFF 21

Company: SMUSH Gallery
Venue: Smush Gallery/Virtual
Location: Jersey City, NJ

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Presented as a part of [SMUSH Gallery](#)'s Curatorial Fellowship in Dance '20-'21. We are offering 20+ movement workshops through the Essence of Embodiment Festival on March 18th - 21st, 2021. Live Captions will be provided. All classes are offered through Zoom

Interplay: Finding Inner Authority Through Body Wisdom is taught by Nandita Batheja & Libby Mislán

Saturday 3/20/21 at 10:15 to 11:15 AM ET

Class Description:

InterPlay is form of creative expression that uses storytelling, movement, sound, stillness and connection to unlock the wisdom of the body. It helps to free your voice, center your internal authority, uncover stories and insights held in your body, and to create abundant joy!

Our festival passes are offered on a donation-based sliding scale, no one will be turned away because of a lack of funds.

[All-Access Pass](#)

[Film Single Day Pass](#)

[Single Class Pass](#)

Visit: smushgallery.com or embodiment.dance for more information

Email: bonjour@embodiment.dance with any questions

SMUSH Gallery
340 Summit Avenue
Jersey City, NJ, 07306
<http://www.embodiment.dance/festival>

Schedule
March 20, 2021: 10:15am

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