

April 29 - May 28, 2024

## Interpretive Improvisation Dance Class

Company: Kanami Kusajima  
Venue: Abrons Arts Center  
Location: New York, NY

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Dinara Khairova

I am offering improvisation dance classes at Abrons Arts Center on Mondays, Tuesdays and Wednesdays!

Anyone is welcome regardless the amount of dance experience.

Please sign up from here:

<https://forms.gle/WrMYtZnHr38sWfN36>

The purpose of my dance class is to be fluent in your own expression/language through dance movements.

Most part of the classes will be improvisation/contemporary dance.

In many cases, the most challenging part of improvisation dance is not the movement itself, but the process of removing mental blocks that are preventing you from moving freely.

Therefore, I am committed here to providing a safe space to explore your own movements, and I am happy to assist you in finding your unique way of dancing through my classes.

Please let me know if you have any questions.

I hope to see you in the studio!

Email: [kanamikusajima@gmail.com](mailto:kanamikusajima@gmail.com)

Kanami Kusajima  
466 Grand St  
New York, NY, 10002

### Schedule

April 29, 2024: 10:00am

May 1, 2024: 10:00am

May 6, 2024: 10:00am, 6:30pm

May 7, 2024: 6:30pm

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