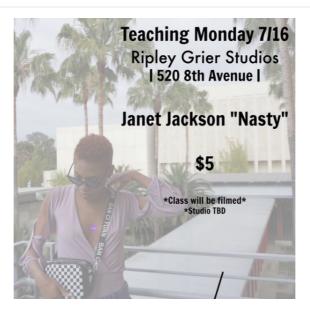


OUR NEW YORK CITY DANCE

Monday, July 16, 2018

Janet Jackson "Nasty" Dance Class! @Ripley Grier 17H

Company: Katrina Jones Venue: Ripley Grier Studios Location: Manhattan, NY ► Share | Print | Download



Hello all!

Monday I'll be teaching at Ripley. I haven't taught my personal classes in about two years so I'm excited to share my growth and techniques from training with you all.

The piece is at an intermediate level but it's a MF JAM!! We'll be focusing on performance and personality, alongside cleanliness. Our warm up wont be too much on the traditional side. I'm excited to share some body awareness techniques that I've found helpful to use before moving.

class will be filmed toward the end

WE'LL BE IN 17H AT RIPLEY GRIER 520 8TH AVENUE

Tell a friend!!

Katrina Jones 520 8th Avenue Manhattan, NY, 10018 Schedule July 16, 2018: 9:00pm

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