

FOR AUDIENCES

Community Calendar

Volunteering

April 18 - June 20, 2020

LATIN CARDIO with LEIMAY Ensemble member Mar Galeano 10-Class Cycle

Company: LEIMAY Venue: Online Location: Brooklyn, NY ► Share | Print | Download



Zoom Screenshot

LATIN CARDIO with LEIMAY Ensemble member Mar Galeano 10-Class Cycle

Saturdays, April 18, 25 May 2, 9, 16, 23, 30 June 6, 13, 20. @ 2:00 pm EST

Duration: 50 minutes

A fun fitness class combining Latin and international dance moves for a total body toning. Get your heart rate up, enhance cardio endurance, and boost your mood naturally! No prior dance experience is required; ALL bodies welcomed. ALL speaking languages. Wear something comfortable to sweat, stay hydrated and let the happy dancing begin.

Sign Up!

LEIMAY LEIMAY Brooklyn, NY, 11249 http://leimayfoundation.ticketspice.com/online-mar Schedule April 18, 2020: 2:00pm April 25, 2020: 2:00pm May 2, 2020: 2:00pm May 9, 2020: 2:00pm May 16, 2020: 2:00pm more

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