

November, 7-8, 2025

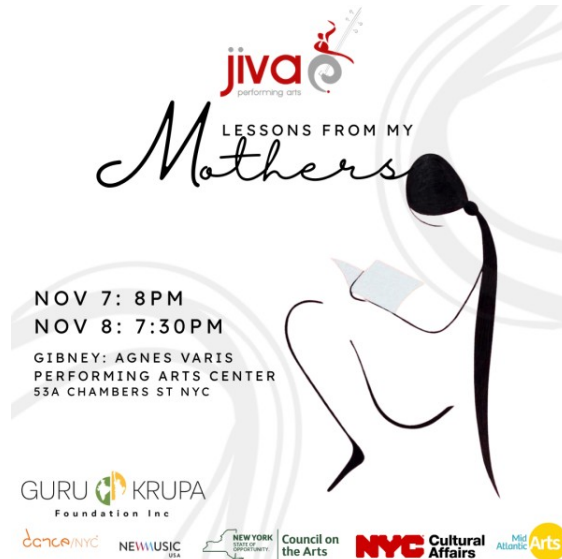
## Lessons From My Mothers

Company: Jiva Performing Arts

Venue: Gibney – Agnes Varis Performing Arts Center

Location: New York, NY

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Lessons from My Mothers explores the intergenerational journey of South Asian immigrant women through Bharatanatyam, theater, and spoken word.

Centered around a handwritten cookbook symbolizing resilience, adaptation, and identity, the work reflects on choices made by three women—Mother, Masi, and Kaki—as they navigate unfamiliar territory, sacrifice dreams, and rediscover joy in a new land.

Narrated by a daughter confronting her own multicultural identity, the performance weaves personal and collective memory into a story of quiet courage and strength.

With a dynamic cast:

Concept, Choreography, Script, Direction: Sonali Skandan

Music: Rajkumar Bharathi with inputs by Bala Skandan and Shiv Subramaniam

Dancers/Creative Collaborators: Aparna Shankar, Rithika Ashok, Sonali Skandan

Rehearsal Director and Stage Manager/Creative Collaborator: Swati Seshadri

Sound Design: Sai Shravanam, Resound India

Creative Consultant: Sreelakshmy Govardhanan

Production/Light Design: Betsy Chester

Costume Design: Sonali Skandan

Narrator Voiceover: Jeevika Bhat

Major funding from The Guru Krupa Foundation

Additional project support from Dance/NYC, New Music USA, NYSCA, NYC Dept. of Cultural Affairs, MidAtlantic Arts Foundation

Seats are limited so grab your tickets early and secure a spot at our show!

Jiva Performing Arts  
53 Chambers St  
New York, NY, 10007  
6462517463

<https://www.zeffy.com/en-US/ticketing/lessons-from-my-mothers>

### Schedule

November 7, 2025: 8:00pm

November 8, 2025: 7:30pm

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