

May 29 - June 2, 2017

## Limón Technique Class: Open Level

Company: Limón Dance Company

Venue: Gibney Dance

Location: New York, NY

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Sofia Negrón Photography

Limón classes led by [Logan Frances Kruger](#) of the [Limón Dance Company](#). All classes are accompanied by live music. Limón training provides an organic approach to movement that can serve dancers of various backgrounds, with an emphasis on the natural rhythms of fall and recovery, a conscious use of breath, and the interplay between weight and weightlessness.

Limón Dance Company

280 Broadway

New York, NY, 10007

2127773353

[http://limon.org/training/open\\_classes/](http://limon.org/training/open_classes/)

### Schedule

May 29, 2017: 10:00am

May 30, 2017: 10:00am

May 31, 2017: 10:00am

June 1, 2017: 10:00am

June 2, 2017: 10:00am

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