

June, 5-23, 2017

Limón Technique Class: Open Level

Company: Limón Dance Company

Venue: Gibney Dance

Location: New York, NY

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Sofia Negrón Photography

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Limón classes led by [Kathryn Alter](#) of the [Limón Dance Company](#). All classes are accompanied by live music. Limón training provides an organic approach to movement that can serve dancers of various backgrounds, with an emphasis on the natural rhythms of fall and recovery, a conscious use of breath, and the interplay between weight and weightlessness.

Limón Dance Company

280 Broadway

New York, NY, 10007

2127773353

http://limon.org/training/open_classes/

Schedule

June 5, 2017: 10:00am

June 8, 2017: 10:00am

June 9, 2017: 10:00am

June 12, 2017: 10:00am

June 15, 2017: 10:00am

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