

August, 1-5, 2016

MELT: Functionality and Perspective in Dance with Judith Sánchez Ruíz

Company: Movement Research
Venue: Danspace Project
Location: NYC, NY

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Octavio Tapia

Judith Sánchez Ruíz

August 1-5

Mon Tue Wed Thu Fri

1 - 3pm \$125

Danspace Project

MELT: Functionality and Perspective in Dance with Judith Sánchez Ruíz

Sánchez Ruíz's class has been an investigation in release technique for the last ten years. Focusing on the importance of being grounded, dancers work with initiation and arrival, visceral and organic movement. The technique training is about understanding the shifting of weight, clarity of movement, attention to detail, precision and dynamics in a multidirectional approach.

[Register here.](#)

Movement Research
131 E 10th St.
NYC, NY, 10003
\$125

Schedule
August 1, 2016: 1:00pm
August 2, 2016: 1:00pm
August 3, 2016: 1:00pm
August 4, 2016: 1:00pm
August 5, 2016: 1:00pm

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