

January, 5-9, 2015

MELT - Morning Class with Gwen Welliver

Company: Movement Research
Venue: Gibney Dance Center
Location: New York, NY

► [Share](#) | [Print](#) | [Download](#)

This movement class will develop from simple skeletal mobility sequences to full-out movement forms. Emphasis will be placed on the joints, examining how range of motion relates to alignment, support, weight, pathway and qualitative detail in the course of movement. We will consider the inherent lines in the body's anatomy as the basis for movement material in a full range -- from natural to designed, pleasing to provocative.

Movement Research
890 Broadway
New York, NY, 10003
\$120

<http://www.jotformpro.com/MovementResearch/MELTwinter2015>

Schedule

January 5, 2015: 10:00am
January 6, 2015: 10:00am
January 7, 2015: 10:00am
January 8, 2015: 10:00am
January 9, 2015: 10:00am

[< back](#)

[previous listing](#) • [next listing](#)