

January, 4-8, 2016

MELT: Moving and Dancing: Some Strategies with Neil Greenberg

Company: Movement Research
Venue: Abrons Art Center Studio G05
Location: New York , NY

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Neil Greenberg
January 4-8
Mon Tue Wed Thu Fri
10am-12pm \$120
Abrons Art Center Studio G05

MELT: Moving and Dancing: Some Strategies

Class will begin by working with information from different somatic approaches, considering body systems in addition to, and in conjunction with, the skeletal/muscular model. Warming up will be a goal here—call this the "technique" focus. We'll follow this with directed improvisation and full out dancing, working with ideas from my recent dances as springboards: notions of the "queer" and avoidance of censorship, using embarrassment as a fulcrum; (like a vase) and This scores that examine the notion of speech metaphors in relation to dance and/or propose an alternative exploration of the "isness" of the performance moment.

Register here: <http://www.movementresearch.org/classesworkshops/melt/>

Movement Research
466 Grand St
New York , NY, 10002
\$120

Schedule
January 4, 2016: 10:00am
January 5, 2016: 10:00am
January 6, 2016: 10:00am
January 7, 2016: 10:00am
January 8, 2016: 10:00am

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