

Sunday, September 4, 2016

## Master Ballet Class with Dmitri Roudnev

Company: Roudnev Ballet

Venue: New York City Center/Studio 5

Location: New York, NY

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Master Class with Dmitri Roudnev

Sunday September 4, 2016 at 5:00- 6:30pm

City Center/Studio 5

Ballet dancers, age 14 and up are welcome to this open master class. The fee is \$20 at the door.

It will be a one hour and half class complete with Barre, Center, and Allegro work accompanied by detailed explanations of the meaning of each exercise.

If you are curious about a ballet technique, and would like to refine your skills, this class will be very beneficial for you. This is a unique opportunity to learn how Russian Ballet training works.

Dmitri Roudnev has developed a unique approach based on the authentic form of the Russian Vaganova method. In his years of teaching experience, D. Rudnev's students have never suffered the injuries many dancers suffer today, such as low back, hip, ankle or foot injury. Many of his students have even enjoyed relief from their prior injuries while training with his method.

Roudnev Ballet  
131 West 55 St  
New York, NY, 10019  
<http://www.balletmethod.com>

Schedule  
September 4, 2016: 5:00pm

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