

FOR AUDIENCES

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June, 12-26, 2018

Mat Core Fusion Class

Company: IndoRican Multicultural Dance Project
Venue: St. Peter's Episcopal Church 346 West 20th Street NYC
Location: New York, NY

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Mat Core Fusion Class combines passive stretching, body manipulation and abdominal work for a complete body workout. Get healthy, bring a friend and laugh a lot!

*MAT CORE FUSION IS A DONATION BASED CLASS. ANY CONTRIBUTION IS APPRECIATED!

*PLEASE BRING A YOGA MAT FOR YOUR COMFORT

*LOCATION: ST PETER'S EPISCOPAL CHURCH 346 WEST 20TH STREET NYC 10011

*SPACE IS LIMITED. RESERVE YOUR SPACE AT INDORICAN@LIVE.COM

* DAY AND TIME: TUESDAYS 10AM-11AM

IndoRican Multicultural Dance Project
346 West 20th Street
New York, NY, 10011

Schedule
June 12, 2018: 10:00am
June 19, 2018: 10:00am
June 26, 2018: 10:00am

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