

Tuesday, May 22, 2018

## Matt Mattox Jazz Dance Technique Class with Bob Boross

Company: Bob Boross  
Venue: Studio Maestro  
Location: New York, NY

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En Link Photography

International jazz dance teacher/choreographer Bob Boross will teach a 90 minute Adv Beg/Intermediate level class that will introduce the Matt Mattox technique exercises, followed by a theatre jazz dance combination. Bob studied with Matt Mattox for more than 20 years, and has taught the Mattox jazz dance technique throughout the United States, Europe, Scandinavia, and Russia. Class fee is \$15. Space is limited and must be reserved prior to the class by using the Facebook page listing in this post.

Mattox is one of the founding pioneers of theatrical jazz dance, and is significant for creating a movement technique that fuses the precision and elegance of ballet with the grounded movement style of his mentor, Jack Cole. The technique is challenging both for the mind as well as the body. It instills control and coordination in the dancer, as well as strength and style. It draws from ballet, jazz, modern, tap, and ethnic styles.

Class includes traditional exercises of plies, tendu, dégagé, etc, but executed often in a demi-plie level with both parallel and turned out leg positions. Also included are isolation exercises for head, shoulders, ribs, and hips. Floor stretching is included, and the class concludes with a combination drawn from a range of musical influences - theatre jazz, lyrical, blues, swing, new age, rock, etc.

Bob Boross  
48 W. 68th St  
New York, NY, 10023  
7329396178  
<https://www.facebook.com/events/348261989030461/>

Schedule  
May 22, 2018: 7:00pm

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