

November 12 - December 3, 2018

## Morning Class with Beth Gill

Company: Movement Research  
Venue: Eden's Expressway  
Location: New York, NY

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MON November 12 and December 3, 10:00 am - 12:00 pm

Eden's Expressway

This class aims to provide a peaceful setting to work on movement together. We'll go into feeling and energetic specificity each morning through connections that require gentle focus and renewal... [\[read more\]](#)

[Click here to view our calendar](#)

Movement Research  
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New York, NY, 10012  
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Schedule  
November 12, 2018: 10:00am  
December 3, 2018: 10:00pm

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