

May, 6-22, 2014

Morning Class with Gwen Welliver

Company: Movement Research

Venue: Movement Research at Danspace Project

Location: New York, NY

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This movement class will develop from simple skeletal mobility sequences to full-out movement forms. Emphasis will be placed on the joints, examining how range of motion relates to alignment, support, weight, pathway and qualitative detail in the course of movement. We will consider the inherent lines in the body's anatomy as the basis for movement material in a full range, from neutral to provocative.

Movement Research
131 E. 10th Street, at 2nd Avenue
New York, NY, 10003

<http://www.movementresearch.org/classesworkshops/classdescriptions/#cw978>

Schedule

March 26, 2014: 8:00pm

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