October 3 - November 14, 2019

Morning Class with Jen Nugent

Company: Movement Research
Venue: Danspace Project
Location: New York, NY

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MORNING CLASS WITH JEN NUGENT

THURS 10am-12pm

Danspace Project, 131 E 10th St. New York, NY 10003

Focusing on exercises that bring awareness to the feet, spine, and pelvic floor, we will explore sensation, instinct, the inherent musicality inside the body, and phrasing. All the while dancing, we will work toward a more grounded and direct approach to movement.

ABOUT JEN NUGENT:

Jennifer Nugent danced with the Bill T. Jones/Arnie Zane Company from 2009-2014 and David Dorfman Dance from 1999-2007, receiving a New York Dance and Performance Award (Bessie) for her work in the company. She has also performed with Martha Clarke, Lisa Race, Doug Elkins, Bill Young, Colleen Thomas, Kate Weare, Barbara Sloan, and Dale Andree. Jennifer's movement and teaching are inspired by all her teachers and mentors, most profoundly by Daniel Lepkoff, Wendall Beavers, Gerri Houlihan, David Dorfman, Bill T. Jones, Janet Wong, Wendy Woodson, and Patty Townsend. Her choreography and duet collaborations with Paul Matteson have been presented in New York City and throughout the U.S.

Accessibility: Danspace Project's main entrance is fully wheelchair accessible via ramp. For further accessibility questions, please contact (212) 674-8112.

***All classes are subject to change. For the most up-to-date information, please consult Movement Research's Calendar:* https://movementresearch.org/calendar.

Movement Research
131 E 10th St.
New York, NY, 10003

Schedule
October 3, 2019: 10:00am
October 10, 2019: 10:00am
October 17, 2019: 10:00am
October 24, 2019: 10:00am
October 31, 2019: 10:00am
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