

June 29 - July 31, 2015

Morning Class with Joanna Kotze

Company: Movement Research
Venue: Eden's Expressway
Location: New York, NY

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Intended as both laboratory and technique class, we will delve into the design of the body and its potential within a given moment. Through stretch and placement, technique studies, and movement phrases, habits will be discovered, challenged, and seen through a new lens. A concentration on the forces through the legs will lead to finding more range in separate body parts and ways to use weight into the floor.

Movement Research
537 Broadway
New York, NY, 10012
\$14

Schedule
June 3, 2015: 8:00pm

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