

Wednesday, October 4, 2017

Morning Class with Lindsey Dietz Marchant

Company: Movement Research
Venue: MR@Eden's Expressway
Location: New York, NY

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photo by Peter Snadik

[Morning Class](#) with Lindsey Dietz Marchant

September 11-15, October 2-4

M W F 10am-12pm

MR@Eden's Expressway

\$12 / \$14

Thinking bodies. This practice attunes our physical awareness to embed mindfulness within highly physical dancing. Jointly investigating the dialogue between physical and intellectual information, manifesting through our unique dancing bodies, we'll use set and improvised movements to explore experiential and somatic strategies, sequential movement, initiations, release, flow, falling, momentum, ease and efficiency. Moving with simultaneous abandonment and precision, we'll continually make space for our individual approaches to moving.

[Lindsey Dietz Marchant](#) has been performing/choreographing/teaching/curating performance in NYC since 1998. Performance work includes Pavel Zustiak/Palissimo Company, Third Rail Project's Then She Fell, Martha Clarke, Ursula Eagly, Elena Demyanenko, Kate Weare, Monica Bill Barnes, and Aszure Barton, among many others. See website for full bio.

Movement Research
537 Broadway 4th Fl.
New York, NY, 10012
<https://movementresearch.org/event/6672>

Schedule
August 28, 2017: 8:00pm

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