

February 29 - March 11, 2016

Morning Class with Michelle Boulé

Company: Movement Research

Venue: Eden's Expressway

Location: New York, NY

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photo by Ian Douglas

Michelle Boulé

February 29 - March 11

M W F 10am-12pm

Eden's Expressway, 537 Broadway

This class uses guided improvisations and simple exercises, inspired by Boulé's studies of numerous somatic and energetic modalities, to find a maximally informed and creative approach to dancing, where everyone has space to honor their own unique systems for movement. Class ends with the application of this information to choreographed phrase work.

Michelle Boulé is a "Bessie" winning dance artist and BodyTalk Practitioner. Her research involves a constant dialogue between the bodymind, presence, and the physical expression of consciousness. She has taught at universities and dance institutions throughout North America, Europe, Australia and Asia. www.michelleboule.com

Movement Research
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\$14

Schedule
February 2, 2016: 8:00pm

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