

December, 5-21, 2017

Morning Class with Mina Nishimura

Company: Movement Research
Venue: Danspace Project
Location: New York, NY

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photo by David Gonsier

[Morning Class](#) with Mina Nishimura

December 5-21

TUE THU 10am-12pm

MR @Danspace

\$12 / \$14

In this class we will engage in a series of somatic, breath and movement practices which reflect some principles of Zen, butoh and Noguchi Tai-so (or Water Body Movement). Through these practices we will liberate our body from a sense of self in order to facilitate unprecedented transformation and evolution of the body.

[Mina Nishimura](#), from Tokyo, was introduced to butoh through Kota Yamazaki. She's been working and collaborating in dance, theater and film with a various artists, in most recent years with SIA, Celia-Rowlson Hall, Vicky Shick, Neil Greenburg, Dean Moss, Nami Yamamoto, Ursula Eagly and Kota Yamazaki. She's been the Artist-in-Residence at Brooklyn Arts Exchange in 2011, at Chez Bushwick in 2013, at Movement Research in 2013-15 and at The Camargo Foundation (France) in 2017 with a support from Jerome Foundation and Movement Research. She was also a danceWeb scholar at Impulse Tanz (Vienna) in 2010. Her work have been commissioned by Mount Tremper Arts Center, Danspace Project, Dance Theater Workshop, Brooklyn Arts Exchange, CRS and The Kitchen/Dance and Process. Her new evening-length work, Bladder Inn (and X, Y, Z, W), commissioned by Danspace project will premiere in February, 2018. During those years, she has been teaching at universities and for various communities.

Movement Research
131 E 10th St
New York, NY, 10003

Schedule

December 5, 2017: 10:00am
December 7, 2017: 10:00am
December 12, 2017: 10:00am
December 14, 2017: 10:00am
December 19, 2017: 10:00am
December 21, 2017: 10:00am

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