

February 19 - March 5, 2018

Morning Class with Mina Nishimura

Company: Movement Research
Venue: MR@Eden's Expressway
Location: New York, NY

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Photo by David Gonsier

[Morning Class with Mina Nishimura](#)

February 19 - March 5

MON 10am-12pm

MR@Eden's Expressway

\$12 / \$14

In this class, we will engage in a series of somatic, breath and movement practices which reflect some principles of Zen, butoh and Noguchi Taiso (or Water Body Movement). Through those practices, we will bridge our internal landscapes, and physical forms and expressions while liberating a body from a sense of self in order to facilitate unprecedented transformation and evolution of the body.

[Mina Nishimura](#), from Tokyo, was introduced to butoh through Kota Yamazaki. She's been working and collaborating in dance, theater and film with various artists; in most recent years with John Jasperse, Dean Moss, Rashaun Mitchel +Silas Riener, SIA, Celia-Rowlson Hall, Vicky Shick, Neil Greenberg, Nami Yamamoto, Ursula Eagly, Ellen Fisher and Kota Yamazaki. She was the Artist-in-Residence at Brooklyn Arts Exchange in 2011, at Chez Bushwick in 2013, at Movement Research in 2013-15 and at The Camargo Foundation (France) in 2017 with support from Jerome Foundation and Movement Research. She was also a danceWeb scholar at ImPulsTanz (Vienna) in 2010. Her works have been commissioned by Mount Tremper Arts Center, Danspace Project, Dance Theater Workshop, Brooklyn Arts Exchange, CRS and The Kitchen/Dance and Process. Her new evening-length work, Bladder Inn (and X, Y, Z, W), commissioned by Danspace project premieres in February, 2018. During those years, she has been teaching at universities and for various communities.

Movement Research
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<https://movementresearch.org/event/7857>

Schedule
February 19, 2018: 10:00am
February 26, 2018: 10:00am
March 5, 2018: 10:00am

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