

Friday, October 20, 2023

Morning Class with Nicole von Arx

Company: Triskelion Arts
Venue: Triskelion Arts
Location: Brooklyn, NY

► [Share](#) | [Print](#) | [Download](#)



Jim Laferty

Contemporary Forms with Nicole von Arx

Nicole von Arx offers an intermediate to advanced-level dynamic contemporary class that incorporates elements of floor work, yoga, improvisation, and her latest choreography research. She encourages you to embrace physical and emotional effort and explore the extent of your body and mind's capacity. Her warm-up is a series of challenging exercises focusing on isolating, strengthening, aligning, and balancing the body. This will lead into improvisation tasks emphasizing sensation, timing, and space. The class culminates in a complex phrase work allowing dancers to discover Nicole's movement vocabulary and musicality.

[Nicole von Arx](#) is a Swiss & British performer and choreographer actively working in Canada, the USA, and Switzerland. She is a 2023 NYSCA grant recipient, 2022 Dance Initiative artist in residence, 2022 Leimay Incubator, 2020 Lauréate of a Gland Culture Grant, a 2020 Jacob's Pillow Choreography Fellow, and 2018 STUFFED artists in residence at Judson Memorial Church.

Nicole most recently choreographed the opera "Orphée+" at the Edmonton Opera. She's been commissioned to create original works for "Der Freischütz" at Wolf Trap Opera, Stanford Live, \ Whim W'Him, SALT2, LINK Choreography Festival, North West Dance Projects, and the Luminato Festival. She creates under the name NVA & Guests.

Her performance career led her to becoming a soloist at the Royal Opera House and Chicago Lyric Opera while dancing for Jasmin Vardimon. She's worked for Carte Blanche - The Norwegian National Company for Contemporary Dance, Bryan Arias, The Metropolitan Opera, Company XIV, Loni Landon, and Romeo Castellucci.

Triskelion Arts
106 Calyer St
Brooklyn, NY, 11222
718.389.3473
<https://www.triskelionarts.org/morning-classes/nicole-von-arx>

Schedule
October 20, 2023: 10:00am

[< back](#)

[previous listing](#) • [next listing](#)