

April 14 - May 2, 2014

Morning Class with Ori Flomin

Company: Movement Research

Venue: Movement Research at Eden's Expressway

Location: New York, NY

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The class encourages students to increase their movement possibilities and take risks in dancing by maximizing the benefits of the warmed-up body. The warm-up moves smoothly from floor to standing with a strong focus on anatomy to strengthen connections of correct alignment with fluidity.

Movement Research

537 Broadway, 4th Floor

New York, NY, 10012

\$14

<http://movementresearch.org/classesworkshops/classdescriptions/#cw977>

Schedule

April 14, 2014: 10:00am

April 16, 2014: 10:00am

April 18, 2014: 10:00am

April 21, 2014: 10:00am

April 23, 2014: 10:00am

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