October 1 - November 26, 2019

# Morning Class with Vicky Shick

Company: Movement Research
Venue: Danspace Project
Location: New York, NY

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Victoria Sendra

MORNING CLASS WITH VICKY SHICK

TUES 10am-12pm

Danspace Project, 131 E 10th St. New York, NY 10003

During this morning movement time we will warm up, ease our bodies, and energize ourselves as we work toward a fuller physicality/dancing together. All are welcome. We ready ourselves, beginning with a straightforward warm-up emphasizing physical mechanics, alignment, and clarity, with space for feedback from our bodies. We want to stimulate our awareness, articulation, and focus as we collaboratively uncover the intelligence in our bodies and arrive at dancing together. In phrase work, we hone our skills and deepen our physicality.

ABOUT VICKY SHICK:

Vicky Shick has been involved with the NYC dance community for more than 3 decades. She was a second time Movement Research Artist-in-Residence in 2015. During her years with the Trisha Brown Company she received a "Bessie" Award for performance. Shick has been making dances since the eighties and was honored with a second "Bessie" for her collaborations with artists Barbara Kilpatrick and Elise Kermani. She has also worked with many other choreographers and performers. Shick has taught, shown work, created student dances and restaged Trisha Brown's dances at festivals and universities, including in her hometown, Budapest. She is a 2006 grant recipient from the Foundation for Contemporary Arts, a 2008-2009 Guggenheim Foundation Fellow and received a 2018 Gibney DiP grant.

Accessibility: Danspace Project's main entrance is fully wheelchair accessible via ramp. For further accessibility questions, please contact (212) 674-8112.

***All classes are subject to change. For the most up-to-date information, please consult the Movement Research Calendar:* https://movementresearch.org/calendar.

Movement Research
131 E 10th St.
New York, NY, 10003

Schedule
October 1, 2019: 10:00am
October 8, 2019: 10:00am
October 15, 2019: 10:00am
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October 29, 2019: 10:00am
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